

**HOLLIE NEUJAHR, PT, DPT, CLT, MBA, CMTPT**  
**Last Updated 4.1.2020**

## **Business Philosophy**

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To operate, lead, teach and manage in sustainable, ethical health care business environments. Dedicate all professional efforts and in interest in the well-being of my clients and patients, business affiliates, employees, and community.

## **Patient Care Philosophy**

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To provide exceptional patient care, clinical education and clinical mentorship in the specialties of pelvic floor rehabilitation and oncology rehabilitation. To practice with lifelong commitment to excellence, research and continuing education for further advancements in pelvic and oncology physical therapy for my patients and for my profession.

## **Education**

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Masters of Business Administration, University of Colorado at Denver, Colorado, May 2018

Doctor of Physical Therapy, Duke University Medical Center, Durham, North Carolina, May 2009

Bachelor of Science in Biology and Minor in Psychology, University of Nebraska at Omaha, Nebraska, August, 2006

## **Certifications**

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American Heart Association, Health Provider BLS Certification, October 31<sup>st</sup>, 2017-2019

Ethical Leadership Certification, NASBA Center for the Public Trust, December, 2016

Certified Myofascial Trigger Point Therapist, Myopain Seminars Series, May 22<sup>nd</sup>, 2016

Certified Lymphatic Therapist, Lymphology Association of North America (CLT-LANA), October 29<sup>th</sup>, 2011

Colorado PT License, valid March 2010 – present

## **Clinical Experience and Professional History**

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Since 2008, clinical experiences have been dedicated to the specialties of pelvic health, oncology rehabilitation, and helping people with chronic pain and orthopedic ongoing pain. Settings include acute care, with integration of wound care management, hospital-based settings, and private practice

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settings, and Telehealth. Clinical involvement has been diverse between program development for other practices, clinical practice, teaching as an affiliate at the University level, community level, and mentoring clinicians one on one and in group settings.

Professional profile can be found at: [provider.kareo.com/hollie-neujahr](http://provider.kareo.com/hollie-neujahr)

### **Professional Development and Affiliations**

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#### **American Physical Therapy Association, Sections on Women's Health and Private Practice Section, Colorado State Section**

Current Member of APTA since 2006

#### **Pediatric Pelvic Floor Dysfunction**

Durham, North Carolina, April 2008

#### **Pelvic Physical Therapy, Level I, APTA**

Salt Lake City, Utah, January 2009

CAPP Level I Testing Completed

#### **Combined Sections Meetings, Las Vegas, Nevada**

Educational Sections on Women's Health and Oncology, Las Vegas, Nevada, February 2009

#### **Northwest American Seminar Series, Survivorship for the Cancer Patient**

Tampa Bay, Florida, June 2009

#### **Clinical Internship Oncology Rehab, Northwest American Seminar Series**

Greenwood Village, Colorado, December 2009

#### **Core Abdominal Power**

Distance learning from Austin, Texas, May 2009

#### **Herman & Wallace Institute Pelvic Floor Dysfunction Level IIA: Colorectal Conditions**

Austin Texas, June 2009

#### **Norton School of Lymphatic Therapy Complete Decongestive Therapy**

#### **Awarded Certified Lymphatic Therapist**

Chicago Illinois, July 2009

#### **Herman and Wallace Pelvic Floor Dysfunction Level IIB: Chronic Pain**

Seattle, Washington, October 2009

#### **Castrate-Metastatic Prostate Cancer: Therapeutic Considerations for Advanced Disease Online Seminar**

Distance learning from Cincinnati, Ohio, March 2010

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**Northwest American Seminar Series, Breast Cancer Management**  
Greenwood Village, Colorado, February 2011

**The Management of Neuromuscular Dysfunction: Intramuscular Manual Therapy/Trigger Point Dry Needling, Introduction to Applications for Pain Management and Sports Injuries**  
Denver, CO, May 2011

**De-Mystifying Pudendal Neuralgia**  
Portland, OR, September 2011

**The Management of Neuromuscular Dysfunction: Intramuscular Manual Therapy/Trigger Point Dry Needling, Advanced Course**  
Brighton, CO, November 2011

**Maitland Australian Physiotherapy Seminars: MT-2 Basic Spinal**  
Denver, CO, April 2012

**International Pelvic Pain Society Meeting: Chicago**  
Chicago, IL, October 2012

**Pelvic Floor PF3, Herman and Wallace Institute**  
San Diego, CA, May 2014

**Therapeutic Neuroscience Education: Educating the patient About Pain**  
Denver, CO, May 2015

**Male Pelvic Pain, Herman and Wallace**  
Denver, CO, August 2015

**Myopain Seminars , DN-1**  
Bethesda, MD, May 2016

**Myopain Seminars, DN-2**  
Omaha, NE, May 2016

**Myopain Seminars, DN-3 and CMTPT Certification Examination**  
Omaha, NE, May 2017

**Fascial Manipulation Level 1a Basic Principles**  
Casper, WY, April 2017

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### **Fascial Manipulation Level 1b Physiology, Assessment and Treatment**

Casper, WY, October 2017

### **Myopain Seminars Pelvic Floor Dry Needling**

December 2018, Atlanta, GA

### **Myofascial Cupping Practitioner Certification, PESI**

April, 2019, Denver CO

### **Diaphragm/Pelvic Floor Piston for Adult Populations, Julie Weibe PT**

March 2019, Online Learning Format

### **Sacral Nerve Manual Assessment and Treatment, Herman and Wallace**

October 2019, Chicago, IL

## **Professional and Community Presentations**

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### **Self Manual Lymphatic Drainage for Patients and Significant Others**

Duke University Medical Center, Durham, North Carolina, March 2009

### **Consultative Clinical Forum Case Study Presentation on Dyspareunia**

Hyatt Hotel, Austin, Texas, December 2009

### **Living with Incontinence**

US TOO South Austin Prostate Cancer Support Group, Austin, Texas, May 2009

### **Gynecological Cancer and Survivorship**

Texas Oncology Central, Austin, Texas, November 2009

### **Connecting Survivorship To Recovery: Prostate Cancer**

US TOO Prostate Cancer Support Group, University of Colorado Health Science Center, Denver, Colorado, April 2010

### **Educational Measures Online Learning Segment on Survivorship and Prostate Cancer**

Filmed in Denver, Colorado at Educational Measures, May, 2010

### **Chronic Pelvic Pain and the Musculoskeletal System**

Rose Medical Center Pelvic Pain Support Group, Denver, Colorado, June 2010

### **Cancer and Your Pelvic Floor**

Rocky Mountain Cancer Support Group, Denver University, Denver, Colorado, August 2010

### **The Neuromuscular System and Chronic Pelvic Pain**

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Denver Pelvic Pain Society, Rose Medical Center, Denver, Colorado, June 14<sup>th</sup>, 2011  
Society of Urological Nurses and Associates, Glenwood Springs, Colorado, June 4<sup>th</sup>, 2011  
Planned Parenthood Clinician Conference, Denver, Colorado, September 21<sup>st</sup>, 2011  
Denver Health, Women's Care Center, Denver, Colorado, September 28<sup>th</sup>, 2011

**Raising IC Awareness: A Review of Current Literature**

Oncology Rehab, Greenwood Village, Colorado, November 2010  
Denver Health, Women's Care Center, Denver, Colorado, December 1<sup>st</sup> 2011

**Interstitial Cystitis: An Evidenced Based Review**

Society of Urological Nurses and Associates, Inverness, Colorado, August 21<sup>st</sup>, 2011  
Denver Health, Chronic Pelvic Pain Program, Denver, Colorado, September 28<sup>th</sup>, 2011

**All About Mommy: Bellies, Backs and Bladders**

Denver Health Women's Care Center, November 10<sup>th</sup>, 2011  
Belly Bliss Educational Seminar, Denver, Colorado, November 22<sup>nd</sup>, 2011  
Belly Bliss Educational Seminar, Denver, Colorado, December 14<sup>th</sup>, 2011

**Denver Health Lecture/Lab; Chronic Pelvic Pain**

Denver Health Medical Residency Program (Obstetrics and Gynecology), February 6<sup>th</sup>, 2012

**Yoga for Survivors**

Breast Cancer Survivorship, September, 2012  
Provided textbook chapter for teaching material on the lymphatic system, dysfunction of lymphatics, and exercise impact on lymphatic system, July 2012  
Guest educator on audio program for education, June, 2012  
Guest educator, June, 2014

**University of Colorado, Department of Physical Therapy**

Guest lecturer for women's health material: pelvic floor, breast cancer, pregnancy and post partum, September, 2012, January 2013, August 2013, January 2014

**PT Now, Scholarly Project through University of Colorado, Denver for Women's Health APTA**

Produced six research reviews on commonly used outcomes measures in Women's Health physical therapy, June 2013

**Sitting is the New Smoking**

Swedish Medical Center, Englewood, CO, Community Lecture, February 2015

**The Bladder and Our Pelvic Floor**

Swedish Medical Center, Englewood, CO, Community Lecture, April 2015

**Running and The Pelvic Floor**

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Boulder Running Company Cherry Creek, Denver, CO, Community Lecture, May 2015

**International Pelvic Pain Society Basics Course Instructor: Trigger Points and Pelvic Pain**

Annual Conference, Coronado Bay Resort, San Diego, CO, October 2015

**Pelvic Floor Dysfunction Awareness – Community Lecture**

Rose Medical Center, Denver, CO, November 2015

**ACOG Conundrums Gynecological Convention**

COPIC, Denver, CO, April 2016

**ACOG Conundrums Gynecological Convention**

COPIC, Denver, CO, April 2017

**Annul State-of-the-Art Symposium: Cancer Survivorship - From Primary Care to Oncology and Back**

Again sponsored by Denver Heart, Rocky Mountain Gastroenterology, Surgical Specialists of Colorado and The Urology Center of Colorado, The Urology Center of Colorado

Mile High Stadium, Denver, CO, October 2018

**Androgen Deprivation Therapy Class Creator and Educator, The Urology Center of Colorado**

Active, Monthly since December 2019, Denver, CO