
COVID-19 Policy for Patients and Employees

Please see below for our current safety measures at N2 Physical Therapy, requirements for attending an appointment, and employee requirements for attending work. If you have any questions or concerns regarding these policies please speak directly with your provider to determine a safe solution to receiving care.

- We are a medical office, and as best practice we do and will continue to use medical grade disinfectant and hand washing before and after each and every patient.
- Please do not arrive more than 5 minutes early to your appointment and maintain social distancing when you arrive.
- Please complete all patient forms on your practice Portal or as invited to do so by our electronic medical records system, Kareo. Please upload a payment method and clarify any questions regarding our financial policy prior to your appointment.
- Please attend your appointment alone unless you have made safe arrangements with your provider to have someone accompany you.
- If you are unable to complete your paperwork electronically, please print it from our website and complete it prior to your appointment. If this is not possible, the office manager in your office will print what is needed, and guide you to a private space to complete this in the office. Please bring your own pen with you to use for paperwork completion.
- Please use the public restrooms as employee restrooms are closed off to maintain sanitation during operating hours and reduce opportunity for several people waiting in a small space.
- We have and will have our offices cleaned each day and will maintain the highest standards while implementing extra measures of caution. High touch areas are being sanitized between each patient contact, including doorknobs and reception. Our staff are required to complete the recommended health screening before and after every shift for our, and your safety.

Please see the below questions and answer prior to your appointment, as well as electronically sign this form.

1. Have you had contact with anyone with a confirmed case of COVID-19 and/or flu symptoms?
 2. Have you had a fever, cough, shortness of breath, runny nose, head or body aches, sore throat, nausea, vomiting or diarrhea, and/or loss of taste or smell? If so, please cancel your appointment and talk to your provider about utilizing Telehealth until you are able to quarantine for 14 days from the start of these symptoms.
 3. Have you participated in a gathering of 10 or more people in the last 14 days? If yes, please explain.
 4. Have you participated in any unnecessary or non essential travel in the last 14 days? If yes, please explain.
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5. Are you able to attend your appointment alone?

6. Do you have a cloth mask to wear to your appointment, and do you agree to wear it the entire time you are in the offices of N2 Physical Therapy?

7. Have you completed your paperwork electronically to promote a safe environment, and minimal contact time at your appointment?

If you answered yes to any of the first 4 questions please discuss the details of your answers with your provider, and determine when it is safe to have an appointment in person. Telehealth may be the safest option at this time and your provider will help you with this.

If you need someone to accompany you to your visit, the office manager and your provider will connect with you to make arrangements to do so at lower volume clinic times, and maintain social distancing requirements.

Masks are required to attend your appointment. If you have any concerns about wearing a mask please discuss these with your provider prior to coming into the office. We do not provide masks and expect each patient per the Governors' orders to own a cloth mask they can use to attend their physical therapy appointment.

Date: _____

Printed Name: _____

Signature: _____
